

Assignment 1: Self-assessment

Purpose: To help you determine your strengths, abilities, values, and goals.

Procedure:

- Read through Chapter 1: The Self-Assessment.
- Work through the Self-Assessment Worksheet on pages 4 and 5.
 - √ Complete each step from 1 through 7.
 - √ On Steps 1 and 2, you should NOT just go down the lists on pages 6, 7, and 9 and choose them all. These are only SUGGESTIONS -- idea starters. You may have other things you would like to list.
 - √ Under Step 3, I want to see a detailed proposed budget using the guidelines on pages 10 and 11. This would be similar to a list or table that shows the items and estimated dollars. Do some research on this.
 - √ On Step 4, long-term goals, this is projecting 10 years after graduation and beyond.
 - √ Don't forget that your skill base (Step 5) could include hobbies or just interests you have developed. Speaking of developing, George Eastman (as in Eastman-Kodak) was a bank teller with an INTEREST in the new field of photography!!
 - √ In Step 6, you are narrowing the field to those skills you have that you would like to USE in a job. You may be a great dishwasher, but that is probably not one of your preferred job skills!
 - √ Step 7 should help you plan shorter term goals for professional (and maybe self) development. Even after a college education, you should be a lifelong learner.

What specific steps could you take to develop the skills you feel you need to strengthen?

Format:

This should be typed with 1 inch margins all around. As this will include a lot of listings, I will accept single space copies. Some areas are not just lists, but discussions. Make to write in an appropriate style for each area.